

## Beverage

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# Southern Sweet Tea

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**Preparation Time: 10 minutes**

**Start to Finish Time: 26 minutes**

**3 cups water**

**2 family-size tea bags**

**3/4 cup sugar**

**7 cups cold water**

In a medium saucepan, bring the water to a boil.

Add the tea bags.

Boil for 1 minute and remove from heat.

Cover and steep for 10 minutes.

Discard the tea bags.

Add the sugar, stirring until dissolved.

Pour into a one-gallon container.

Add the cold water and stir to mix well.

Serve over ice.

Yield: 10 cups

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Per Serving (excluding unknown items): 591 Calories; 0g Fat (0.0% calories from fat); trace Protein; 152g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 78mg Sodium. Exchanges: 10 Other Carbohydrates.