

Banana Bread

Chris Baxter

Apple Pie and Sisterhood; Favorite Recipes From Tri Kappa

*1/2 cup margarine
1 cup sugar
2 eggs
1 cup bananas, mashed
2 cups flour
1 tablespoon baking powder
1/2 teaspoon baking soda
1/2 teaspoon salt
1/2 cup nuts (optional)*

Preheat the oven to 350 degrees.

In a bowl, cream the margarine and sugar. Add the eggs and mashed bananas.

In a bowl, sift together the flour, baking powder, baking soda and salt.

Add the sifted ingredients to the creamed ingredients. Add the nuts, if desired. Mix well. Pour the mixture into a greased loaf pan.

Bake for 60 to 70 minutes.

Cool before slicing.

Per Serving (excluding unknown items): 2864 Calories; 104g Fat (32.3% calories from fat); 42g Protein; 450g Carbohydrate; 13g Dietary Fiber; 424mg Cholesterol; 4373mg Sodium. Exchanges: 12 1/2 Grain(Starch); 1 1/2 Lean Meat; 3 1/2 Fruit; 19 Fat; 13 1/2 Other Carbohydrates.