

Cheese Bread II

Grethel Boyette - Kenly, NC

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Yield: 1 loaf

1/2 cup onion, chopped

1 tablespoon butter

1 egg

1/2 cup milk

1 1/2 cups bisquick® baking mix

1/2 cup grated cheese

grated cheese (for topping)

*poppyseeds (for topping)
(optional)*

Preparation Time: 15 minutes

Bake Time: 25 minutes

In a saucepan, saute' the onion in butter.

In a bowl, mix the egg in the milk. Add the Bisquick and grated cheese. Then add the onion. Stir only until mixed well.

Pour the batter into a 1-1/2 quart loaf pan. Top with more grated cheese. Top with poppyseeds, if desired.

Bake at 400 degrees for 20 to 25 minutes.

Per Serving (excluding unknown items): 1229 Calories; 63g Fat (46.4% calories from fat); 37g Protein; 128g Carbohydrate; 6g Dietary Fiber; 319mg Cholesterol; 2701mg Sodium. Exchanges: 7 1/2 Grain(Starch); 3 Lean Meat; 1 Vegetable; 1/2 Non-Fat Milk; 10 1/2 Fat.