
Nut Bread II

Isla Van Noord

Nettles Island Cooking in Paradise - 2014

3 cups chopped nuts (Brazil, walnuts, pecans)
1 package (11 ounce) dates, cut
1 large jar red marachino cherries, cut in halves
3/4 cup flour
1/2 teaspoon black pepper
1/2 teaspoon salt
3 eggs
3/4 cup sugar
1 teaspoon vanilla

In a bowl, mix the cherries, dates, nuts and the dry ingredients. Fold in the remaining ingredients.

Pour the batter into one large or two loaf pans.

Bake for one hour at 300 degrees or until a toothpick comes out clean.

Yield: 1 large or 2 small loaves

Breads, Muffins

Per Serving (excluding unknown items): 1182 Calories; 16g Fat (12.1% calories from fat); 29g Protein; 231g Carbohydrate; 4g Dietary Fiber; 636mg Cholesterol; 1280mg Sodium. Exchanges: 4 1/2 Grain(Starch); 2 1/2 Lean Meat; 1/2 Fruit; 1 Fat; 10 Other Carbohydrates.