

# Zucchini Spoonbread

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*5 medium zucchini, cubed*  
*1 medium onion, diced*  
*1 1/2 cups shredded*  
*Cheddar cheese*  
*1 1/2 cups bisquick® baking*  
*mix*  
*1 teaspoon salt*  
*1 teaspoon pepper*  
*1 generous teaspoon*  
*oregano*  
*3 eggs, beaten in 1/2 cup of*  
*salad oil*  
*Parmesan cheese*

Preheat the oven to 350 degrees.

In a bowl, mix all of the ingredients. Place in a greased casserole dish or 9x12-inch pan. (Half of the recipe fits in a 1-1/2- or 2-quart casserole dish.)

Sprinkle generously with Parmesan cheese.

Bake, uncovered, for 55 minutes.

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Per Serving (excluding unknown items): 1823 Calories; 97g Fat (47.0% calories from fat); 86g Protein; 159g Carbohydrate; 21g Dietary Fiber; 814mg Cholesterol; 5528mg Sodium. Exchanges: 8 Grain(Starch); 8 1/2 Lean Meat; 6 1/2 Vegetable; 13 1/2 Fat.