

Blueberry Muffins VI

A Friend

The Church of St. Michael and St. George - St. Louis, MO - 1980

Yield: 18 muffins

2 cups Bisquick® baking mix

1 cup sugar

1 cup milk

2 eggs

1 1/2 teaspoons vanilla

1 cup fresh blueberries

Preheat the oven to 400 degrees

In a bowl, mix the Bisquick and sugar. Add the milk, eggs and vanilla. Mix until well moistened and lumps are small.

Fold in the blueberries.

Place paper liners in 18 muffin cups.

Fill each muffin cup half-full.

Bake for 18 to 20 minutes.

Per Serving (excluding unknown items): 2132 Calories; 51g Fat (21.2% calories from fat); 38g Protein; 386g Carbohydrate; 10g Dietary Fiber; 457mg Cholesterol; 3070mg Sodium. Exchanges: 10 Grain(Starch); 1 1/2 Lean Meat; 1 1/2 Fruit; 1 Non-Fat Milk; 8 1/2 Fat; 13 1/2 Other Carbohydrates.