

Toads in the Hole

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The Church of St. Michael and St. George - St. Louis, MO - 1980

*1 cup milk
1 cup flour
2 eggs
1/2 teaspoon salt
6 mini sausages*

Cook the sausages according to package directions. Cut each link in half.

In a bowl, stir the milk, flour, eggs and salt until moist. Disregard lumps.

Pour into six greased, cold custard cups or a popover pan, half full. Place two sausage pieces in each cup.

Place the cups on a cookie sheet. Place the cookie sheet in a cold oven.

Set the oven to 450 degrees and bake for 30 minutes. Do not open the oven door.

Serve immediately.

Per Serving (excluding unknown items): 753 Calories; 19g Fat (23.5% calories from fat); 34g Protein; 108g Carbohydrate; 4g Dietary Fiber; 457mg Cholesterol; 1328mg Sodium. Exchanges: 6 1/2 Grain(Starch); 1 1/2 Lean Meat; 1 Non-Fat Milk; 2 1/2 Fat.