

Chicken Cashew Casserole

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The Church of St. Michael and St. George - St. Louis, MO - 198

Yield: 6 to 8 servings

1 chicken, stewed and halved, broth reserved
1 1/2 cups celery, diced
1 cup onion, diced
1 large can chow mein noodles
1 cup cashew pieces
1 can cream of mushroom soup

Preheat the oven to 350 degrees.

In a bowl, combine the celery, onion, chow mein noodles, cashews and soup.. Gently mix. Add the chicken. Stir to coat. Place in a greased casserole dish.

Bake, uncovered, for 35 to 40 minutes. Baste frequently with the reserved chicken broth to prevent the casserole from drying out (every 10 minutes or so).

Per Serving (excluding unknown items): 3670 Calories; 257g Fat (64.1% calories from fat); 267g Protein; 57g Carbohydrate; 8g Dietary Fiber; 1361mg Cholesterol; 2432mg Sodium. Exchanges: 2 Grain(Starch); 36 Lean Meat; 3 1/2 Vegetable; 28 1/2 Fat.