

Chicken Divan V

Linda Munger

Silverdale, WA. Chamber Of Commerce Favorite Recipes - 1991

Servings: 8

*6 chicken breasts
10 ounces broccoli, fresh or
frozen*

grated cheddar cheese

SAUCE

*1 cup mayonnaise
2 cans cream of chicken
soup
1/4 cup lemon juice*

Preheat the oven to 350 degrees.

Cook the chicken breasts (steam or microwave).
Cool and remove the skin. Break into bite-size
pieces.

Cook the broccoli. Drain.

Cover the bottom of a 9x13-inch dish with the
broccoli. Add the chicken. Cover with the sauce
mixture. Top with the grated cheddar cheese.

Bake for 30 to 45 minutes.

Per Serving (excluding unknown
items): 608 Calories; 45g Fat
(66.6% calories from fat); 47g
Protein; 4g Carbohydrate; 1g
Dietary Fiber; 151mg Cholesterol;
546mg Sodium. Exchanges: 0
Grain(Starch); 6 1/2 Lean Meat; 0
Vegetable; 0 Fruit; 2 1/2 Fat.