

Chicken

Chicken Divan

Better Homes and Gardens All-Time favorite Casseroles

Servings: 6

2 packages (8 oz) frozen cut asparagus
1 can (10 3/4 oz) condensed cream of chicken soup
1 teaspoon Worcestershire sauce
dash ground nutmeg
1/2 cup Parmesan cheese, grated
2 cups cooked chicken, sliced
1/2 cup whipping cream
1/2 cup mayonnaise or salad dressing

Preheat oven to 350 degrees.

Cook asparagus according to package directions; drain. Arrange in a 12x7-1/2x2-inch baking dish.

Stir together soup, Worcestershire sauce and nutmeg; pour half of mixture over asparagus. Sprinkle with 1/3 of the cheese. Top with chicken and the remaining soup mixture. Sprinkle with another 1/3 of the cheese.

Bake, uncovered, until heated through, about 20 minutes.

Whip cream just until soft peaks form; fold in mayonnaise. Spread mixture over chicken; sprinkle with remaining cheese.

Broil three to four inches from heat until topping is golden, 1 to 2 minutes.

Per Serving (excluding unknown items): 219 Calories; 14g Fat (57.8% calories from fat); 19g Protein; 4g Carbohydrate; trace Dietary Fiber; 75mg Cholesterol; 504mg Sodium. Exchanges: 0 Grain(Starch); 2 1/2 Lean Meat; 0 Non-Fat Milk; 2 Fat; 0 Other Carbohydrates.