

Chicken and Rice Casserole

Emmy Banwart - West Bend, IA
Treasure Classics - National LP Gas Association - 1985

Servings: 4

3/4 cup rice (wild and white mixed)

1 can (4 ounce) mushroom stems and pieces

1 can (10-3/4 ounce) cream of chicken soup

1 can (10-3/4 ounce) cream of mushroom soup

1 cup water or milk

4 chicken breasts (or one whole cut up chicken)

1 envelope dry onion soup mix

Preparation Time: 15 minutes

Bake Time: 1 hour 15 minutes

Place the rice and mushrooms in a greased 13x9-inch baking dish.

In a bowl, mix the soups with the water or milk. Pour over the rice.

Place the chicken on the rice. Sprinkle with the onion soup mix.

Cover with aluminum foil.

Bake in the oven at 350 degrees for one hour. Remove the foil.

Bake an additional 15 minutes.

Per Serving (excluding unknown items): 66 Calories; 4g Fat (56.3% calories from fat); 2g Protein; 5g Carbohydrate; trace Dietary Fiber; 3mg Cholesterol; 505mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Vegetable; 1 Fat.