

Chipotle-Lime Crusted Chicken

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Servings: 4

*1/2 cup mayonnaise
1/4 cup Monterey Jack cheese,
shredded
1 1/2 teaspoons lime juice
1/4 teaspoon ground chipotle chile
pepper
4 (1-1/4 pounds total) boneless/
skinless chicken breasts
1/4 cup plain tortilla chips, crushed*

Preparation Time: 10 minutes

Cook Time: 15 minutes

Preheat the oven to 425 degrees.

In a medium bowl, combine the mayonnaise, cheese, lime juice and ground chipotle.

Arrange the chicken on a baking sheet. Evenly top with the mayonnaise mixture. Sprinkle with tortilla chips.

Bake for 20 minutes or until the chicken is 165 degrees.

Per Serving (excluding unknown items): 224 Calories; 26g Fat (96.2% calories from fat); 2g Protein; trace Carbohydrate; trace Dietary Fiber; 16mg Cholesterol; 194mg Sodium. Exchanges: 0 Lean Meat; 0 Fruit; 2 1/2 Fat.