

Hawaiian Chicken III

Barbara Guido

Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

*10 to 12 pieces boneless/
skinless chicken
1 package onion soup
1 jar apricot preserves
1 bottle Red Russian
dressing
1 cup water
chuck pineapple (for
garnish) (optional)
maraschino cherries (for
garnish) (optional)*

Preheat the oven to 350 degrees.

In a saucepan, place the onion soup, apricot preserves, Russian dressing and water. Bring to a boil. Reduce the heat to a simmer.

Place the chicken in a large roasting pan. Pour the sauce over all of the chicken pieces.

Bake for about 45 minutes to one hour.

Serve with rice or your choice of side dish.

Garnish with pineapple and maraschino cherries, if desired.

Per Serving (excluding unknown items): 106 Calories; 2g Fat (13.8% calories from fat); 4g Protein; 21g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 1068mg Sodium. Exchanges: 2 1/2 Vegetable; 1 Other Carbohydrates.