

Lemon Chicken Oregano

Barbara J green

Totland College Nursery School - Braintree, MA (1978)

*1/4 cup butter, melted
1 teaspoon lemon and
pepper seasoning salt
1 teaspoon lemon juice
2 1/2 to 3 pounds chicken
pieces
oregano leaves*

Preheat the oven to 350 degrees.

In a bowl, combine the butter, seasoning salt and lemon juice.

Place the chicken in a baking pan. Brush both sides of the chicken with the seasoned butter mixture. Sprinkle with oregano leaves.

Bake for 50 to 55 minutes or until the chicken is fully cooked.

Per Serving (excluding unknown items): 994 Calories; 87g Fat (79.1% calories from fat); 51g Protein; 1g Carbohydrate; trace Dietary Fiber; 372mg Cholesterol; 661mg Sodium. Exchanges: 7 Lean Meat; 0 Fruit; 13 Fat.