
Candied Bacon

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Servings: 6

Preparation Time: 10 minutes

Start to Finish Time: 40 minutes

nonstick aluminum foil

6 slices thick-cut bacon

6 tablespoons brown sugar

1/2 teaspoon pepper

Preheat the oven to 325 degrees.

Line a baking sheet with foil. Arrange the bacon slices in a single layer on the baking sheet.

In a bowl, combine the sugar and bacon. Coat the bacon with the mixture (wash your hands).

Bake for 20 to 25 minutes or until crispy and caramelized. (IMPORTANT: The bacon will be very hot! Let stand for 5 minutes to cool before serving.)

Pork

Per Serving (excluding unknown items): 35 Calories; trace Fat (0.1% calories from fat); trace Protein; 9g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 4mg Sodium. Exchanges: 0 Grain(Starch); 0 Fat; 1/2 Other Carbohydrates.