

Apricot Fluff

Melissa Meinke - Fawn Grove, PA
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Servings: 10

*1 cup apricot or peach
yogurt
1 package (3 ounce) apricot
gelatin
1 carton (8 ounce) frozen
reduced-fat whipped
topping, thawed
1 package (10-1/2 ounce)
miniature marshmallows
3 cups peeled fresh
apricots, cubed*

In a large bowl, add the yogurt to the gelatin. Stir for 2 minutes to completely dissolve.

Gently stir in the whipped topping, then the marshmallows and apricots.

Refrigerate until firm, at least four hours.

Per Serving (excluding unknown items): trace Calories; 0g Fat (0.0% calories from fat); trace Protein; trace Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 0 Other Carbohydrates.