

Jalapeno Casserole

Jean Lockhart

Local 1155 Women's Committee Cookbook, Alabama

*4 cups cooked rice
salt (to taste)
1 jar (12 ounce) jalapeno
peppers
12 ounces sharp cheese,
grated*

Preheat the oven to 375 degrees.

In a medium size casserole dish, layer the rice, sour cream, cheese and jalapenos, in the order.

Bake until bubbly (no longer).

Per Serving (excluding unknown items): 964 Calories; 2g Fat (2.1% calories from fat); 20g Protein; 208g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 15mg Sodium. Exchanges: 13 1/2 Grain(Starch); 0 Vegetable; 0 Fat.