

Milford Haddock Bake

Linda Elsemén - Milford, NH

Treasure Classics - National LP Gas Association - 1985

Servings: 5

2 to 2-1/2 pounds fresh haddock

1 stack Ritz crackers, crushed

1/3 cup butter

1 teaspoon garlic powder

1 teaspoon parsley flakes

Preparation Time: 15 minutes**Bake Time: 25 minutes**

Lay the haddock, skin side down, in a 11x13-inch baking pan.

In a bowl, combine the crackers, butter, garlic powder and parsley flakes to make a stuffing. Place the stuffing over the haddock.

Bake in a 350 degree oven for 25 minutes.

Per Serving (excluding unknown items): 109 Calories; 12g Fat (97.7% calories from fat); trace Protein; trace Carbohydrate; trace Dietary Fiber; 33mg Cholesterol; 124mg Sodium. Exchanges: 0 Grain(Starch); 2 1/2 Fat.