

Cranberry Salad

Sharon McFarland

Silverdale, WA. Chamber Of Commerce Favorite Recipes - 1991

Servings: 10

*2 cups raw ground
cranberries*

*3 cups miniature
marshmallows*

3/4 cup sugar

2 cups apples, diced

1/2 cup green grapes

1/2 cup walnuts

1 cup whipped cream.

In a bowl, combine the cranberries,
marshmallows and sugar.

Chill overnight.

Add the apples, grapes and walnuts. Mix well.

Fold in the whipped cream. Chill.

Per Serving (excluding unknown
items): 144 Calories; 4g Fat (21.5%
calories from fat); 2g Protein; 28g
Carbohydrate; 1g Dietary Fiber;
0mg Cholesterol; 5mg Sodium.
Exchanges: 0 Grain(Starch); 0
Lean Meat; 1/2 Fruit; 1/2 Fat; 1 1/2
Other Carbohydrates.