

## Side Dish

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# Fresh Winter Fruit Salad

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**Servings: 8**

**2 tablespoons sugar**

**2 tablespoons lime juice**

**2 tablespoons fresh mint, finely chopped**

**1 cup (4) clementines or Mandarin oranges, peeled and segments sliced in half**

**1 cup (2) kiwifruits, peeled, halved and sliced**

**1 cup pineapple cubes**

**1 (1/2 cup) carambola (star fruit) (optional), sliced**

**1/4 cup dried cherries or dried cranberries**

**sprig fresh mint (for garnish)**

Combine the sugar and lime juice in a glass measuring cup. Microwave on HIGH for 1 minute or until the sugar dissolves and the mixture is syrupy.

Cool 10 minutes then stir in the mint.

Combine fresh and dried fruit in a large bowl.

Stir in the lime syrup.

Cover and chill for 30 minutes or overnight.

Garnish each serving with a mint sprig.

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Per Serving (excluding unknown items): 14 Calories; trace Fat (0.8% calories from fat); trace Protein; 4g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 0 Vegetable; 0 Fruit; 0 Other Carbohydrates.