

Side Dish

Lemonade Fruit Salad

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Servings: 16

Start to Finish Time: 25 minutes

1/2 cup water

3 tablespoons sugar

2 teaspoons lemon peel, grated

1 teaspoon orange peel, grated

1 tablespoon lemon juice

1 fresh pineapple, peeled and cubed

1 1/2 pounds seedless red grapes

1 pound fresh dark sweet cherries, pitted

In a small saucepan, bring the water and sugar to a boil.

Add the lemon and orange peels.

Remove from the heat. Cool completely.

Stir in the lemon juice.

In a large bowl, combine the fruit.

Drizzle with syrup and toss gently to coat.

Yield: 16 3/4 cup servings

Per Serving (excluding unknown items): 24 Calories; trace Fat (4.4% calories from fat); trace Protein; 6g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit; 0 Other Carbohydrates.