

# Nancys Broccoli Salad

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Unitarian Universalist Fellowship of Vero Beach, FL 2000

## Servings: 8

*bunch broccoli*  
*1/2 pound bacon, crisp fried*  
*and crumbled*  
*1 cup sunflower seeds*  
*1/2 cup raisins*  
*1/2 cup sliced fresh*  
*mushrooms*  
*1/2 small purple onion,*  
*chopped*  
*1 cup mayonnaise or salad*  
*dressing*  
*1/4 cup sugar*  
*2 tablespoons cider vinegar*

Cut the broccoli into bite-size pieces; slice the stems thinly.

In a bowl, combine the broccoli, bacon, sunflower seeds, raisins, mushrooms and onion.

In a small bowl, blend the salad dressing, sugar and vinegar. Add to the broccoli mixture. Mix lightly.

Chill for two hours or overnight.

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Per Serving (excluding unknown items): 322 Calories; 23g Fat (62.4% calories from fat); 13g Protein; 18g Carbohydrate; 2g Dietary Fiber; 24mg Cholesterol; 455mg Sodium. Exchanges: 0 Grain(Starch); 1 1/2 Lean Meat; 0 Vegetable; 1/2 Fruit; 3 1/2 Fat; 1/2 Other Carbohydrates.