

Six Bean Salad

Ginny Moore

Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

*1 can red kidney beans
1 can green beans, drained
1 can yellow beans, drained
1 can Great Northern
beans, drained
1 can Garbanzo beans,
drained
1 cup green peppers,
chopped
1 cup celery, diced
1 can (4 ounce) chopped
pimientos
1 small onion, sliced
1/2 cup salad oil
1/2 cup sugar
2 teaspoons salt
1 teaspoon pepper
1/2 cup vinegar*

In a jar, place the oil, vinegar, sugar, salt and pepper. Shake well.

Pour over the beans, pepper, celery, pimiento and onion rings. Mix well.

Let stand in the refrigerator.

Per Serving (excluding unknown items): 4120 Calories; 131g Fat (27.8% calories from fat); 167g Protein; 599g Carbohydrate; 156g Dietary Fiber; 0mg Cholesterol; 4497mg Sodium. Exchanges: 31 Grain(Starch); 10 Lean Meat; 4 Vegetable; 23 Fat; 7 Other Carbohydrates.