Salad

Watermelon, Tomato and Cucumber Salad

Nashville Food Project - Nashville, TN Relish Magazine - June 2012

Servings: 12

1/4 cup red wine vinegar
3/4 teaspoon salt
1/4 teaspoon black pepper
1/2 cup olive oil
3 cups watermelon chunks
3 cups heirloom tomatoes, coarsely chopped
3 cups cucumbers, coarsely chopped
1 cup basil, chopped
1/2 cup red onion, chopped
3/4 cup feta cheese, crumbled

In a bowl, combine the vinegar, salt, pepper and oil. Whisk well.

In a large bowl, gently toss the watermelon, tomatoes, cucumbers, basil, onion and feta cheese.

Pour the vinaigrette over the salad and toss to coat.

Serve immediately.

Per Serving (excluding unknown items): 126 Calories; 11g Fat (75.8% calories from fat); 2g Protein; 6g Carbohydrate; 3g Dietary Fiber; 8mg Cholesterol; 241mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 1/2 Vegetable; 2 Fat; 0 Other Carbohydrates.