

Honolulu Burgers

Curt Sandberg - Dayton's Grand Forks

1993 United Way Cookbook Committee - Dayton's, Marshall Field and Hudson's Stores

Servings: 8

2 pounds ground beef

2 eggs

1/2 cup chopped onion

3 tablespoons steak sauce

1/2 teaspoon salt

1/4 teaspoon pepper

*2 cans (8 ounce ea) sliced
pineapple, drained*

*8 slices Colby or Cheddar
cheese*

8 buns

In a large bowl, combine the beef, eggs, onion, steak sauce, salt and pepper. Mix well. Shape into eight patties at least as large as pineapple slices.

Grill the patties on a barbecue grill. After the first side is cooked, turn. Place one pineapple slice on each burger and top each with one slice of cheese.

Finish the cooking. Serve on buns. Eight one-quarter pound burgers.

Per Serving (excluding unknown items): 378 Calories; 31g Fat (75.9% calories from fat); 21g Protein; 2g Carbohydrate; trace Dietary Fiber; 149mg Cholesterol; 310mg Sodium. Exchanges: Grain(Starch); 3 Lean Meat; 1 Vegetable; 4 1/2 Fat; 0 Other Carbohydrates.