

# Onion Burgers with Creamy Salsa

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**Servings: 8**

*1 envelope onion soup mix  
2 pounds ground beef or  
ground chicken  
1/2 cup water  
1/2 cup mayonnaise  
1/2 cup fresh salsa  
(optional), drained  
8 hamburger buns*

**Preparation Time: 10 minutes****Cook Time: 10 minutes**

In a large bowl, combine the soup mix, ground beef and water. Shape into eight patties.

Grill or broil until done.

In a small bowl, combine the mayonnaise with the salsa.

Arrange the onion burgers on buns. Top with the creamy salsa.

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Per Serving (excluding unknown items): 236 Calories; 14g Fat (52.7% calories from fat); 4g Protein; 24g Carbohydrate; 2g Dietary Fiber; 5mg Cholesterol; 756mg Sodium. Exchanges: 1 1/2 Grain(Starch); 1 1/2 Fat.