

Sandwiches

Asian Chicken & Peanut Butter Roll-Ups

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Servings: 2

Start to Finish Time: 15 minutes

1/4 cup Skippy Natural Cream Peanut Butter Spread with Honey

1/4 cup Wish-Bone Light Asian Sesame Ginger Vinaigrette dressing

2 cups shredded rotisserie chicken

1 carrot, shredded

1 rib celery, thinly sliced

4 romaine lettuce leaves

1 tomato, sliced

2 ten-inch whole wheat tortillas

In a medium bowl, combine the peanut butter and dressing. Stir in the chicken, carrot and celery.

Evenly arrange the lettuce leaves and tomato onto the tortillas

Top with the chicken mixture. Roll up.

Slice diagonally and serve.

Serving Ideas: This roll-up is also terrific with Wish-Bone Light Italian Dressing.

Per Serving (excluding unknown items): 174 Calories; 3g Fat (14.0% calories from fat); 5g Protein; 34g Carbohydrate; 4g Dietary Fiber; 0mg Cholesterol; 417mg Sodium. Exchanges: 1 1/2 Vegetable.