

EverRoast Zucchini Sandwiches with Parsley Pesto

Everyday EverRoast Recipe Book
www.boarshead.com

Servings: 4

1 small zucchini
1/2 cup homemade parsley pesto or basil pesto
1 pound Boar's Head EverRoast Chicken Breast, sliced
8 slices multi-seed whole wheat bread

Using a vegetable peeler, shave full-length strips of the zucchini. Set aside.

Spread the pesto onto four slices of the bread.

Place the EverRoast chicken, ruffled or flat, on the sandwich.

Top with folded slices of the zucchini.

Add the top slice of bread.

Cut in half and serve.

Per Serving (excluding unknown items): 7 Calories; trace Fat (7.1% calories from fat); 1g Protein; 1g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Vegetable.