

Meatball Subs II

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Yield: 6 subs

1 pound Bob Evans Italian Sausage Roll

1/2 cup oatmeal

2 eggs

1/4 cup Parmesan cheese, grated

1 jar (26 ounce) spaghetti sauce

6 hoagie buns

6 tablespoons grated mozzarella cheese

Preparation Time: 10 minutes

Cook Time: 15 minutes

In a bowl, combine the sausage, oatmeal, eggs and Parmesan cheese. Shape into one-inch balls.

In a skillet over medium heat, cook the meatballs until browned and cooked through.

Reduce the heat to low. Add the spaghetti sauce. Cook until the sauce is hot.

Spoon the meatballs and sauce into buns. Top with mozzarella cheese.

Per Serving (excluding unknown items): 666 Calories; 30g Fat (40.5% calories from fat); 32g Protein; 68g Carbohydrate; 13g Dietary Fiber; 440mg Cholesterol; 1749mg Sodium. Exchanges: 2 Grain(Starch); 3 Lean Meat; 7 1/2 Vegetable; 4 Fat.