
Reubens

Bonnie Welch and Deanna White

Kitchen Keepsakes - Castle Rock, CO - 1989

Servings: 4

8 slices rye bread

1/3 cup mayonnaise

1/2 pound Swiss cheese, sliced

1/2 pound sliced cooked corn beef

1 can (16 ounce) sauerkraut, drained

butter

Spread the mayonnaise on the bread slices.

Arrange the cheese, corned beef and warm sauerkraut on the slices.

Butter the outside of the bread. Toast in a skillet over low heat on both sides.

Cover the skillet with a lid while toasting.

Sandwiches

Per Serving (excluding unknown items): 520 Calories; 33g Fat (56.4% calories from fat); 22g Protein; 35g Carbohydrate; 5g Dietary Fiber; 58mg Cholesterol; 1063mg Sodium. Exchanges: 2 Grain(Starch); 2 Lean Meat; 1/2 Vegetable; 3 1/2 Fat.