Steakhouse Grinder

Winn-Dixie Food Stores

Servings: 1

Preparation Time: 10 minutes

For "extra" flavor, mix 1/4 teaspoon of garlic powder into the salad dressing before spreading on the roll. Broil the roll, cut sides up, until golden brown. Fill with the remaining ingredients as directed.

1 tablespoon A-1 Original Steak Sauce

1/3 cup onion, thinly sliced

1/3 cup fresh mushrooms, thinly sliced

6 slices deli fresh shaved roast beef

1 slice deli fresh sharp cheddar cheese

1 (6-inch) submarine roll, partially split

1 tablespoon Miracle Whip salad dressing

In a skillet on medium heat, cook the sauce and vegetables for 5 minutes, stirring occasionally.

Meanwhile, stack the meat on a microwave-safe plate. Top with the cheddar cheese. Microwave on HIGH for 30 seconds or until the cheese is melted.

Spread one side of the roll with the dressing.

Fill the sandwich with the meat and vegetable mixture.

Serve.

Per Serving (excluding unknown items): 414 Calories; 4g Fat (9.1% calories from fat); 13g Protein; 80g Carbohydrate; 5g Dietary Fiber; 0mg Cholesterol; 764mg Sodium. Exchanges: 5 Grain(Starch); 1 Vegetable; 1 Fat.