

Asparagus Sauce

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*1 can (10-3/4 ounce) cream
of asparagus soup
1/2 can milk
1 tablespoon
Worcestershire sauce*

Combine the cream of asparagus soup, milk and Worcestershire sauce in a saucepan. Stir together well.

Heat through.

Per Serving (excluding unknown items): 145 Calories; 6g Fat (35.4% calories from fat); 7g Protein; 17g Carbohydrate; 1g Dietary Fiber; 22mg Cholesterol; 1007mg Sodium. Exchanges: 2 Vegetable; 1/2 Non-Fat Milk; 1/2 Fat; 0 Other Carbohydrates.