

Coffee-Kahlua Cream Sauce

*All-Time Favorites Volume 6
Better Homes and Gardens Magazine*

1/2 cup sugar
4 teaspoons cornstarch
1 cup whipping cream
1/2 cup freshly brewed strong coffee
1/2 cup Kahlua

Bake:

In a medium saucepan, stir together the sugar and cornstarch. Add the whipping cream, coffee and Kahlua. Cook and stir over medium heat until thickened and bubbly. Cook and stir for 2 minutes more.

Per Serving (excluding unknown items): 1716 Calories; 88g Fat (51.6% calories from fat); 5g Protein; 181g Carbohydrate; trace Dietary Fiber; 326mg Cholesterol; 103mg Sodium. Exchanges: 1/2 Grain(Starch); 1/2 Non-Fat Milk; 17 1/2 Fat; 6 1/2 Other Carbohydrates.

Sauces and Condiments

Per Serving Nutritional Analysis

Calories (kcal):	1716
% Calories from Fat:	51.6%
% Calories from Carbohydrates:	47.1%
% Calories from Protein:	1.3%
Total Fat (g):	88g
Saturated Fat (g):	55g
Monounsaturated Fat (g):	25g
Polyunsaturated Fat (g):	3g
Cholesterol (mg):	326mg
Carbohydrate (g):	181g
Dietary Fiber (g):	trace
Protein (g):	5g
Sodium (mg):	103mg
Potassium (mg):	220mg
Calcium (mg):	155mg
Iron (mg):	trace
Zinc (mg):	1mg

Vitamin B6 (mg):	.1mg
Vitamin B12 (mcg):	.4mcg
Thiamin B1 (mg):	.1mg
Riboflavin B2 (mg):	.3mg
Folacin (mcg):	9mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	468
% Refuse:	n n%

Food Exchanges

Grain (Starch):	1/2
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	1/2
Fat:	17 1/2
Other Carbohydrates:	6 1/2

Vitamin C (mg): 1mg
Vitamin A (i.u.): 3499IU
Vitamin A (r.e.): 1002RE

Nutrition Facts

Amount Per Serving

Calories	1716	Calories from Fat: 886
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% Daily Values*

Total Fat	88g	136%
Saturated Fat	55g	275%
Cholesterol	326mg	109%
Sodium	103mg	4%
Total Carbohydrates	181g	60%
Dietary Fiber	trace	0%
Protein	5g	

Vitamin A	70%
Vitamin C	2%
Calcium	15%
Iron	1%

* Percent Daily Values are based on a 2000 calorie diet.