Cranberry Orange Sauce

"Lasting Impressions" - St Joseph's Hospital of Atlanta Auxiliary (1988)

Servings: 6 Yield: 1 1/2 cups

1/3 cup sugar
2 teaspoons cornstarch
1/2 cup orange juice
1/2 cup water
1 cup raw cranberries
2 teaspoons orange rind,
grated

In a two-quart saucepan, combine the sugar and cornstarch. Add the orange juice and water. Cook, stirring constantly, until the mixture comes to a boil.

Add the cranberries and cook for 5 minutes, stirring occasionally (the skins on the cranberries will pop). Fold in the orange rind.

Per Serving (excluding unkno items): 56 Calories; trace Fat calories from fat); trace Prote 14g Carbohydrate; trace Diet Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Grain(Starch); 0 Fruit; 1/2 Otl Carbohydrates.