

Lemon Ginger Sauce

Easy Summer Entertaining (1991)
Kraft General Foods, Inc.

Yield: 1/2 cup
1/2 cup Miracle Whip®
2 tablespoons lemon juice
1 1/2 tablespoons packed brown sugar
1 teaspoon grated lemon peel
1 teaspoon ground ginger

Preparation Time: 5 minutes
In a bowl, mix together the Miracle Whip, lemon juice, brown sugar, lemon peel and ginger until well blended.

Chill.

Serve over fresh fruit.

Per Serving (excluding unknown items): 653 Calories; 56g Fat (75.7% calories from fat); trace Protein; 40g Carbohydrate; 1g Dietary Fiber; 40mg Cholesterol; 769mg Sodium. Exchanges: 0 Grain(Starch); 0 Fruit; 11 Fat; 2 1/2 Other Carbohydrates.

Sauces and Condiments

Per Serving Nutritional Analysis

Calories (kcal):	653	Vitamin B6 (mg):	trace
% Calories from Fat:	75.7%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	24.1%	Thiamin B1 (mg):	trace
% Calories from Protein:	0.2%	Riboflavin B2 (mg):	trace
Total Fat (g):	56g	Folacin (mcg):	5mcg
Saturated Fat (g):	8g	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	0
Cholesterol (mg):	40mg	% Refuse:	n n%
Carbohydrate (g):	40g	Food Exchanges	
Dietary Fiber (g):	1g	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	769mg	Vegetable:	0
Potassium (mg):	137mg	Fruit:	0
Calcium (mg):	24mg	Non-Fat Milk:	0

Iron (mg): 1mg
Zinc (mg): trace
Vitamin C (mg): 17mg
Vitamin A (i.u.): 10IU
Vitamin A (r.e.): 1RE

Fat: 11
Other Carbohydrates: 2 1/2

Nutrition Facts

Amount Per Serving

Calories 653 Calories from Fat: 494

% Daily Values*

Total Fat	56g	86%
Saturated Fat	8g	40%
Cholesterol	40mg	13%
Sodium	769mg	32%
Total Carbohydrates	40g	13%
Dietary Fiber	1g	2%
Protein	trace	

Vitamin A	0%
Vitamin C	28%
Calcium	2%
Iron	3%

* Percent Daily Values are based on a 2000 calorie diet.