

Sauces

Lime Crema

Publix Green market Magazine

1 carton (8 oz) light sour cream

3 tablespoons lime juice

In a small bowl, combine the sour cream and lime juice.

Serve at once or cover and chill up to 4 hours.

Yield: 8 ounces

Per Serving (excluding unknown items): 23 Calories; 1g Fat (18.5% calories from fat); 1g Protein; 5g Carbohydrate; trace Dietary Fiber; 2mg Cholesterol; 8mg Sodium. Exchanges: 0 Lean Meat; 1/2 Fruit; 0 Fat; 0 Other Carbohydrates.