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# Meat Sauce

*Mike Baker*

*Nettles Island Cooking in Paradise - 2014*

**1 cup sour cream**  
**1/4 cup horseradish**  
**2 tablespoons yellow mustard**  
**1 tablespoon brown sugar**  
**1 tablespoon wine vinegar**  
**1/2 teaspoon salt**  
**1/2 teaspoon pepper**

Place all of the ingredients in a blender. Process until smooth.

## Condiments, Sauces

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*Per Serving (excluding unknown items): 582 Calories; 50g Fat (74.3% calories from fat); 10g Protein; 29g Carbohydrate; 3g Dietary Fiber; 102mg Cholesterol; 1637mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 1/2 Non-Fat Milk; 10 Fat; 1 Other Carbohydrates.*