

Mustard-Pepper Cream Sauce

50 Burger Toppings
Food Network Magazine

1/2 cup sour cream
1 tablespoon chopped chives
1 tablespoon grainy mustard
1 teaspoon champagne vinegar
1 teaspoon coarsely ground pepper
pinch salt

In a bowl, whisk together all of the ingredients.

Per Serving (excluding unknown items): 267 Calories; 25g Fat (82.0% calories from fat); 5g Protein; 7g Carbohydrate; 1g Dietary Fiber; 51mg Cholesterol; 267mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Non-Fat Milk; 5 Fat.

Sauces and Condiments

Per Serving Nutritional Analysis

Calories (kcal):	267	Vitamin B6 (mg):	trace
% Calories from Fat:	82.0%	Vitamin B12 (mcg):	.3mcg
% Calories from Carbohydrates:	10.7%	Thiamin B1 (mg):	trace
% Calories from Protein:	7.3%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	25g	Folacin (mcg):	17mcg
Saturated Fat (g):	15g	Niacin (mg):	trace
Monounsaturated Fat (g):	7g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	1g	Alcohol (kcal):	0
Cholesterol (mg):	51mg	% Refuse:	0.00%
Carbohydrate (g):	7g	Food Exchanges	
Dietary Fiber (g):	1g	Grain (Starch):	0
Protein (g):	5g	Lean Meat:	0
Sodium (mg):	267mg	Vegetable:	0
Potassium (mg):	222mg	Fruit:	0
Calcium (mg):	165mg	Non-Fat Milk:	1/2
Iron (mg):	1mg	Fat:	5
Zinc (mg):	trace	Other Carbohydrates:	0
Vitamin C (mg):	3mg		

Vitamin A (i.u.): 1043IU
Vitamin A (r.e.): 286RE

Nutrition Facts

Amount Per Serving

Calories	267	Calories from Fat: 219
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% Daily Values*

Total Fat	25g	39%
Saturated Fat	15g	75%
Cholesterol	51mg	17%
Sodium	267mg	11%
Total Carbohydrates	7g	2%
Dietary Fiber	1g	3%
Protein	5g	

Vitamin A	21%
Vitamin C	6%
Calcium	17%
Iron	6%

* Percent Daily Values are based on a 2000 calorie diet.