

Nanas Basic Vanilla Sauce

Mrs Donald B Reidel

St Timothy's - Hale Schools - Raleigh, NC - 1976

*1 1/2 cups sugar
1 cup water
2 tablespoons flour
1 tablespoon butter
2 teaspoons vanilla*

Place the sugar, water, flour and butter in a saucepan. Boil until it thickens.

Add the the vanilla to the boiled mixture.

Mix well.

Per Serving (excluding unknown items): 1345 Calories; 12g Fat (7.7% calories from fat); 2g Protein; 314g Carbohydrate; trace Dietary Fiber; 31mg Cholesterol; 128mg Sodium. Exchanges: 1 Grain(Starch); 2 1/2 Fat; 20 Other Carbohydrates.