
Roasted Red Bell Pepper Sauce

The Essential Southern Living Cookbook

Start to Finish Time: 5 minutes

1 jar (12 ounce) roasted red bell peppers, drained

1 jar (16 ounce) creamy Alfredo sauce

1 package (3 ounce) shredded Parmesan cheese

1/2 teaspoon crushed red pepper

In a food processor, process all of the ingredients until smooth, stopping to scrape down the sides.

Yield: 3 1/2 cups

Condiments, Sauces

Per Serving (excluding unknown items): 21 Calories; 1g Fat (59.1% calories from fat); 2g Protein; trace Carbohydrate; trace Dietary Fiber; 4mg Cholesterol; 85mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Fat.