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Thai Peanut Sauce

Try this creamy peanut sauce with grilled chicken or pork (a terrific way to introduce kids to Thai food), as a dip for cucumber slices, or tossed with a tangle of noodles. Add as much or as little crushed red pepper as you like.

Ingredients

- 4 teaspoons peanut oil
- 2/3 cup minced shallot
- 4 garlic cloves, minced
- 1/2 teaspoon crushed red pepper
- 6 tablespoons creamy peanut butter
- 2 tablespoons hoisin sauce
- 2 teaspoons dark brown sugar
- 3/4 cup water
- 1 tablespoon fresh lime juice

Instructions

- 1. Heat oil in a heavy saucepan. Add shallot, garlic and crushed red pepper; cook over low heat until fragrant and just beginning to color, about 3 minutes.
- 2. Whisk in peanut butter, hoisin, brown sugar and water. Bring to a boil, reduce heat and simmer 1 minute. Stir in lime juice.
- 3. Serve warm or at room temperature. Makes 1 1/2 cups.

Recipe by Laraine Perri, Relish World Flavors, "My Thai—and Your Thai," September 2008.

Nutritional Information

Per (2-tablespoon) serving: 80 calories, 6g fat, 0mg chol., 2g prot., 6g carbs., 1g fiber, 130mg sodium.

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1 of 1 2/3/2011 4:11 PM