

Sauces

White Sauce with Lemon Flavor

Tom Mullen

Great with Salmon Loaf.

1 can (10 3/4 oz cream of celery soup

2 tablespoons fresh lemon juice

2 tablespoons sour cream

1/2 teaspoon dill weed

1/8 teaspoon hot sauce

Mix sauce ingredients together in a two-cup microwavable bowl. Microwave on high for 3 minutes, stirring every minute. Serve warm.

Per Serving (excluding unknown items): 161 Calories; 12g Fat (62.4% calories from fat); 3g Protein; 13g Carbohydrate; 1g Dietary Fiber; 27mg Cholesterol; 981mg Sodium. Exchanges: 2 Vegetable; 0 Fruit; 0 Non-Fat Milk; 2 Fat.