Sauces

Orange Dipping Sauce

Winn-Dixie Great for chicken nuggets.

5/8 cup orange marmalade 1/2 cup lowfat vanilla yogurt 3 tablespoons dried cranberries 1 teaspoon horseradish mustard

Combine all ingredients.

Place in airtight container and refrigerate.

Per Serving (excluding unknown items): 575 Calories; 2g Fat (2.5% calories from fat); 6g Protein; 144g Carbohydrate; 10g Dietary Fiber; 6mg Cholesterol; 257mg Sodium. Exchanges: 0 Fruit; 1/2 Fat; 9 1/2 Other Carbohydrates.