

Aranitas (Plantains)

Minaa martin - Caguas, Puerto Rico

Treasure Classics - National LP Gas Association - 1985

Yield: 30 to 40 pieces

*3 green plantains (can
substitute bananas)
vegetable oil*

Preparation Time: 15 minutes

Peel the plantains. Grate using a large perforation of shredder. Rub the plantain in one direction.

Form into small balls or patties.

Dump the balls by spoonfuls into a skillet, frying in oil until crisp and golden. Remove and drain on paper towels.

Sprinkle lightly with salt.

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .