

Chicken Gravy

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*A minimum of two
tablespoons of chicken
drippings from cooking
2 tablespoons Bisquick
baking mix
1 cup (or more) liquid meat
juices or chicken broth
salt (to taste)
pepper (to taste)*

Pour the drippings from the cooking pan into a bowl, making sure to leave the brown particles in the pan.

Return the desired amount of drippings to the pan.

Stir the baking mix and the cup of liquid into the pan over low heat.

Stir constantly and simmer at bubbling for at least 1 minute to eliminate the raw taste.

Add more liquid, if needed.

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .