
Creamed Spinach with Artichoke Hearts

Joan Revson - Georgia

North American Potpourri - Autism Directory Service, Inc - 1993

Servings: 8

4 packages chopped spinach, cooked and drained

1/3 cup butter

1 large package cream cheese

1 can artichoke hearts

bread crumbs

In a saucepan, prepare the spinach according to package directions. Drain thoroughly.

In a bowl, combine the spinach with with the butter and cream cheese. Place the mixture into a buttered casserole dish. Place the cut artichoke hearts on top and sprinkle the tops with bread crumbs. Dot with butter.

Bake at 325 degrees until hot.

Side Dishes

Per Serving (excluding unknown items): 177 Calories; 18g Fat (87.8% calories from fat); 3g Protein; 2g Carbohydrate; 1g Dietary Fiber; 52mg Cholesterol; 185mg Sodium. Exchanges: 1/2 Lean Meat; 1/2 Vegetable; 3 1/2 Fat.