Green Beans with Gorgonzola Cheese

Shirley Maroney Nettles Island Cooking in Paradise - 2014

2 cups fresh or frozen green beans, cut into one-inch lengths
2 carrots, cut into slices
2 cups fresh mushrooms, sliced
2 tablespoons butter
8 ounces Gorgonzola cheese, crumbled
salt (to taste)
pepper (to taste)

In a saucepan, place the green beans and carrots into one inch of boiling water. Cover and cook until tender, then drain.

In a skillet over medium heat, melt the butter. Add the mushrooms and saute' until tender. Stir in the green beans and carrots. Cook for 5 minutes over medium heat.

Sp[rinkle with cheese. Toss gently. Season with salt and pepper if desired.

Side Dishes

Per Serving (excluding unknown items): 1110 Calories; 97g Fat (72.6% calories from fat); 53g Protein; 29g Carbohydrate; 6g Dietary Fiber; 265mg Cholesterol; 3449mg Sodium. Exchanges: 7 Lean Meat; 4 1/2 Vegetable; 15 Fat; 1/2 Other Carbohydrates.