

Side Dishes

Lima/ Butter Beans Casserole

Riverside Bank (Georgia) Cookbook

Servings: 4

2 cans lima or butter beans

2 tablespoons dark brown sugar

5 strips bacon

Preheat oven to 350 degrees.

Place lima or butter beans (including liquid) in a 2-quart casserole.

Mix brown sugar thoroughly into beans.

Place strips of bacon on top of beans mixture.

Bake in oven for one hour.

Per Serving (excluding unknown items): 71 Calories; 4g Fat (48.9% calories from fat); 2g Protein; 7g Carbohydrate; 0g Dietary Fiber; 7mg Cholesterol; 129mg Sodium. Exchanges: 1/2 Lean Meat; 1/2 Fat; 1/2 Other Carbohydrates.