Sweet and Sour Beans

Bonnie Welch and Deanna White Kitchen Keepsakes - Castle Rock, CO - 1989

Servings: 12

1 can (15 ounce) white lima beans, drained
1 can (15 ounce) green lima beans, drained
1 can (15 ounce) kidney beans, drained
1 large can pork and beans
1 1/2 medium onions, sliced or chopped
1 scant cup brown sugar
1 tablespoon dry mustard
1/2 cup vinegar
1 teaspoon garlic salt
1 teaspoon salt
4 slices bacon, chopped

In a large casserole, combine all of the ingredients except the bacon. Mix well. Top with the chopped bacon. Bake, uncovered, for 2 to 2-1/2 hours at 350 degrees.

Side Dishes

Per Serving (excluding unknown items): 140 Calories; 2g Fat (10.0% calories from fat); 6g Protein; 27g Carbohydrate; 5g Dietary Fiber; 3mg Cholesterol; 478mg Sodium. Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 0 Fat; 1 Other Carbohydrates.