Cheese Glazed Carrots

Gale Faulkner - Jacksonville, FL Treasure Classics - National LP Gas Association - 1985

Servings: 6

1 pound carrots, peeled and sliced
2 cubes chicken bouillon
4 ounces Velveeta cheese, cubed
8 to 10 spring onions, chopped
3 tablespoons sour cream

Preparation Time: 10 minutes Cook Time: 20 minutes

In a saucepan, cook the carrots in water and chicken bouillon until tender. Drain.

Add the cheese, onions and sour cream. Stir to melt and cover all.

Serve.

Per Serving (excluding unknown items): 58 Calories; 2g Fat (29.6% calories from fat); 2g Protein; 9g Carbohydrate; 3g Dietary Fiber; 3mg Cholesterol; 525mg Sodium. Exchanges: 1 1/2 Vegetable; 0 Non-Fat Milk; 1/2 Fat.